

Jeff Unger, MD



Dr. Unger is an assistant professor of family medicine at Loma Linda University School of Medicine. He is the founder of the Unger Primary Care Medical Center and the Associate Director For Metabolic Studies at the Catalina Research Institute in Chino, Ca. The center uniquely incorporates primary care with clinical research in areas related to metabolism, pain, obesity, mental illness and GI disorders. Dr. Unger is the recipient of the National Headache Foundation Speaker of the Year Award and has published over 130 peer reviewed articles and book chapters on diabetes, mental illness, and pain management. Over the past 6 years, Dr. Unger has spoken internationally on topics linking mental illness with metabolic dysfunction, chronic pain disorders, diabetic neuropathy and ways by which primary care physicians might assist their diabetic patients to successfully achieve their metabolic targets. His medical textbook, entitled Diabetes Management In Primary Care (Lippincott, Williams & Wilkins) was published in April 2007. In 2006 Dr. Unger published a book on Migraine Headaches (Elsevier). A 2nd book on diabetes, edited by Dr. Unger was published by Elsevier in 2007.

Dr. Unger is the team physician for the Rancho Cucamonga Quakes, which is a minor league affiliate of the Los Angeles Angels of Anaheim Baseball Club. He has also served as a consulting physician for the World Wrestling Federation.