

Brian Koffman, M.D.



Dr. Brian Koffman earned his medical degree from McGill in Montreal, Canada, completed his Family Practice residency at the University of Western Ontario, London, Ontario and his Psychiatry Fellowship at McMaster University, Hamilton, Ontario. Dr. Koffman taught at the University of Waterloo in Waterloo, Ontario and is a Clinical Professor at the University of Southern California, School of Medicine where he also completed his Masters Degree in Medical Education. He is Board Certified in Family Practice in the United States and Canada.

After residency, Dr. Koffman worked in Norway House, Manitoba, 400 miles north of Winnipeg in an isolated 10 bed hospital under the northern lights.

Dr. Koffman co-founded and directed an award-winning national program for Chronic Pain patients. He was the founding director a Forensic Child Sexual Abuse Program.

He founded and co-chaired an ecumenical group on physician spirituality and established an herbal formulary and complementary alternative medicine program for his medical group. He pioneered the shared medical appointment in Los Angeles County. Dr. Koffman has served as Chief of Staff of the St. Jude Heritage Medical Group, Diamond Bar, CA and on its Board of Directors. He is on staff at St. Jude Medical Center in Fullerton, CA and has been in family practice serving the community of Diamond Bar for 29 years.

His current research interests include depression, migraine, herbal medicine, chronic lymphocytic leukemia, transplant medicine, patient empowerment, and new technologies for the non-invasive measurement of plasma glucose.

He is married to singer/songwriter, Randi McMatthew. They are constantly being 'wowed' by their four adult children: the architect, the lawyer, the filmmaker, and the artist. They live with no TV or microwave, but wouldn't last a minute without music, art, and travel. Dr. Koffman has been seen doing standup comedy and has a popular blog: bkoffman.blogspot.com. He's vegan until dessert.